factor behind at least 99% of the ills to which the body is heir. Many are of the opinion that one good bowel movement a day is enough to keep the body healthy and clean internally. This is an erroneous idea. Only one bowel evacuation a day is unnatural and unless you are having at least two or three movements a day you are due for trouble sooner or later, the direct result of internal uncleanliness. If we were living natural lives, moving, romping and actively using our muscles in the open, and eating foods in their natural state, the vegetables, fruits, grains and nuts, we would be strong and healthy like the animals in the forest. We would have three and four or more bowel eliminations daily, and maintain the blood stream sweet and pure. Because of the refined, soft, mushy devitalized foods of civilization and the inactive lives we lead, it is necessary to assist Nature to cleanse the accumulations of hardened filth which cake on the side of the intestinal walls. We must help Nature rid our system of the fermenting food waste and putrid mucus which poison our blood stream and are the direct cause of many chronic diseases. * * * I used to go four or five days without a movement. Now I have several complete natural bowel movements every day. * * * Nature's Real Medicine is Food. Thousands of dollars are spent annually by the American people for laxatives, purgatives, mineral waters, and cathartics, in a vain effort to cure themselves of that tragic disease, Constipation. Thousands more are spent for enemas, oils, bran, agar, and many specially prepared foods. But to the sorrow of many, these artificial aids are injurious and habit forming; they cause irritation and inflammation of the intestinal tract, and weaken its normal functions. The Perfect Corrective * * * Become Your Normal Self O.K.-Lax * * * will cleanse your intestinal walls of the sticky, putrefying filth which has given you that tired, dragged-down feeling. It will be a great aid in normalizing your weight. * * * O. K.-Lax goes down into the intestinal tract and scrapes off the vile poisons that are producing disgusting offensive breath and slimy tongue. No longer will your blood absorb internal dirt, when O. K.-Lax is part of your program of Health. O. K.-Lax is truly a 'Miracle Substance.' My Constipation has completely banished. * * * O. K.-Lax for one week I find I have on the average of two to three normal bowel movements daily. * * * Since using O. K.-Lax I suffer no more from * * bad health, bowel sluggishness and thinness."

On February 15, 1933, no claimant having appeared for the property, judgment of condemnation and forfeiture was entered, and it was ordered by the court that the product be destroyed by the United States marshal.

R. G. TUGWELL, Acting Secretary of Agriculture.

20588. Misbranding of Griswold's Family salve. U.S. v. 113 Packages of Griswold's Family Salve. Default decree of condemnation, forfeiture, and destruction. (F. & D. no. 29582. Sample no. 12122-A.)

Examination of the drug preparation, Griswold's Family salve, disclosed that the article contained no ingredient or combination of ingredients capable of producing certain curative and therapeutic effects claimed in the circular

shipped with the article.

On December 2, 1932, the United States attorney for the Eastern District of New York, acting upon a report by the Secretary of Agriculture, filed in the District Court of the United States for the district aforesaid a libel praying seizure and condemnation of 113 packages of Griswold's Family salve, remaining in the original packages at Jamaica, Long Island, N.Y., alleging that the article had been shipped on or about January 10, 1932, by the Sisson Drug Co., from Hartford, Conn., and had been transported from the State of Connecticut into the State of New York, and charging misbranding in violation of the Food and Drugs Act as amended. The article was labeled in part: "C. G. Griswold's Family Salve, or Plaster, * * * Manufactured by The Griswold Salve Corporation."

Analysis of a sample of the article by this Department showed that it consisted essentially of a lead compound such as lead oleate, and rosin.

It was alleged in the libel that the article was misbranded in that the following statements regarding the curative or therapeutic effects of the article. appearing in the circular, were false and fraudulent: (Circular) "For * * Boils and Wounds. It also very generally helps External Freezes * * * Weak and Lame Backs, Stomach and Joints, * * * Pain Ulcers, in the Side, Hard Tumors, Ague in the Face or Breast, and Local Rheumatism. This Salve, if used as directed below, will in almost all cases supersede

the necessity of another kind * * * or in the practice of surgery. Directions For Using. This Salve is safe * * * For * * * Ulcers * * Freezes, * * * Boils and Canker sores, spread on linen, cotton, or leather. Change about once a week, cleansing the plaster by wiping, (if they discharge) once a day. Nothing should be done to a boil, until it is ripe. For wounds, whether made by a sharp cutting instrument, lacerated, or punctured, cleanse them with a sponge or cloth and warm water. Bring the parts together and secure them with strips of the plaster. * * * For all other applications, spread on the flesh side of thin elastic leather; deer skin is the best. If a sore is of long standing * * * To remove proud flesh,

* * [Testimonials in circular] '* * * in a severe case of scalded child,

* * * 'I received a severe kick in my face from a horse, bruising my nose badly. I cured it in a week's time by the use of Griswold's Family Salve.' * * * 'Your Griswold's Salve has healed an indolent sore on my ankle of three months standing * * * healing qualities, * * * healing."

On January 16, 1933, no claimant having appeared for the property, judgment of condemnation and forfeiture was entered, and it was ordered by the court

that the product be destroyed by the United States marshal.

R. G. Tugwell, Acting Secretary of Agriculture.

20589. Misbranding of "SM's" vaginal suppositories. U.S. v. 10 Dozen Packages of "SM's" Vaginal Suppositories. Default decree of condemnation, forfeiture, and destruction. (F. & D. no. 29177. Sample no.

Examination of the drug preparation "SM's" vaginal suppositories disclosed that the article contained no ingredient or combination of ingredients capable of producing certain curative and therapeutic effects claimed in the circular shipped with the article. Examination further showed that the article was not antiseptic, as represented.

On November 5, 1932, the United States attorney for the Northern District of California, acting upon a report by the Secretary of Agriculture, filed in the District Court of the United States for the district aforesaid a libel praying seizure and condemnation of 10 dozen packages of "SM's" vaginal suppositories, remaining in the original unbroken packages at San Francisco, Calif., alleging that the article had been shipped in interstate commerce on or about February 9, 1932, by the S. M. Laboratories, Inc., from Seattle, Wash., to San Francisco, Calif., and charging misbranding in violation of the Food and Drugs Act as amended.

Analysis of a sample of the article by this Department showed that it consisted essentially of quinine sulphate and boric acid incorporated in cocoa butter. Bacteriological examination showed that the product was not antiseptic.

It was alleged in the libel that the article was misbranded in that the following statements were false and misleading: (Circular) "Antiseptic * * * To be ideal, first consideration had to be given to the germicides to be used. * * * 'SM's' * * * conform in every respect to the exacting requirements stated * * * The germicidal and antiseptic agents used in 'SM's' are only those of known quality and repute to the medical profession. Each one was selected only after the most careful deliberation. The achievement of our chemists in combining these well known ingredients made it possible to get the germicidal effect of each into one solution of far greater efficacy. These remarkably efficient germicides in 'SM's' are combined with a soothing base material. 'SM's' dissolve completely at body temperature very soon after insertion, allowing the antiseptic solution to mix with the normal body secretions. The resultant homogeneous solution forms a highly antiseptic germicide which readily penetrates into the many folds of the vaginal tract. It adheres to the surrounding tissues, thus providing a continuing germicidal action which is the protective Time Element Necessary For Complete Antisepsis. Examine one of these suppositories and observe the uniform distribution of the germicide. * Their vastly greater efficacy comes through the use of correct proportions of well known germicides of the highest quality. 'SM's' * * * insure antiseptic action;" (display carton) "Their vastly greater germicidal strength." Misbranding was alleged for the further reason that the following statements appearing in the circular accompanying the article, regarding its curative or therapeutic effects, were false and fraudulent: "SM's' serve as a preventive of infection, and as a corrective to vaginitis, leucorrhea, and other general catarrhal conditions of the mucous membrane of the vaginal tract. * * Through the use of 'SM's,' you will experience that sense of safety, security